2024 SOUTHEAST ZONE SCY CHAMPIONSHIPS AND AUBURN SCY INVITATIONAL AUBURN, ALABAMA, FEBRUARY 3-4, 2024

Sanctioned by Southeastern Masters Swimming for United States Masters Swimming, Inc., Sanction 154-S001.

HOSTED BY: Auburn Master Swimmers. Meet Director: Conner Bailey. Phone: 334.332.1955. Email: cbailey@ag.auburn.edu.

FACILITY: The James E. Martin Aquatics Center http://aquatics.auburn.edu/ on the campus of Auburn University is an indoor 25 yard, 8 lane competition pool equipped with Competitor non-turbulent lane lines, state-of-the-art gutter systems that absorb waves, minimum 9' depth, and a fully automatic Colorado timing system. A separate warm-up and warm-down pool will be available before and during competition. The pool is FAST!

TIME ZONE: Auburn is in the Central Time Zone.

ONLINE ENTRY: We are only accepting online entries through the Club Assistant system. Meet information and online entry is at https://www.clubassistant.com/club/meet information.cfm?c=1582&smid=17772.

You will be able to submit your entry times, use a secure site for payment of fees, sign the standard USMS waiver electronically, and have your USMS membership verified through this system. You will also be able to access the USMS database of times associated with your USMS registration number to help you determine appropriate seed times. Online entries will reduce the workload associated with putting together a meet. Your credit card statement will show a charge from "ClubAssistant.com Events."

DEADLINE FOR ONLINE ENTRIES: The online entry system will not allow late entries. Entry deadline for online entries is 11:59 p.m. Central Standard Time on Sunday, January 28, 2024.

ENTRY FEES: \$70 flat rate for all entries, including individual events and relays.

DECK ENTRIES: Deck entries will be allowed at the discretion of the Meet Director. We will try to accommodate deck entries but only if such entries do not require additional heats. The fee for deck entries is \$90 (\$70 entry fee plus \$20 late fee).

PSYCH SHEET: A psych sheet based on online entries will be posted on SwimPhone at https://www.swimphone.com/meets/meet_menu.cfm?smid=17772 by 8 p.m. on or before Tuesday, January 20, 2024. We will send all registered participants an email through the ClubAssistant system when psych sheets are posted. Please review and send any necessary corrections to the Meet Director (cbailey@ag.auburn.edu). Corrections will be accepted until 12:00 noon Central Standard Time on Wednesday, January 31st, 2024, at which time the meet will be seeded and heat sheets printed.

COMPETITION COURSE COMPLIANCE: The length of the competition course is in compliance and on file with USMS in accordance with articles 105.1.7 and 106.2.1, but as a bulkhead course, is subject to length confirmation. Eligibility of times for USMS Top 10 and Records will be contingent on verification of bulkhead placement.

TIMING SYSTEM: The primary timing system will be automatic timing (Colorado Timing System). Times will be submitted for USMS records and USMS Top 10 consideration. It is the responsibility of any swimmer who believes they have set a USMS record to inform the Meet Director as soon as possible.

RULES: 2024 USMS Rules and Southeastern LMSC Safety guidelines and warm-up procedures will govern. Safety guidelines specify feet-first entry during warm-ups except for designated sprint lanes.

ELIGIBILITY: All swimmers must be registered for 2024 with United States Masters Swimming, Inc. If you are not already registered with USMS, online registration will allow you to register with USMS when you register for the

meet. You will not be able to register online without being a USMS member. We are not offering One Event USMS membership at this meet.

ENTRIES: A swimmer may enter up to 4 individual events per day and 8 individual events for the meet,_exclusive of relays. Please put down entry times in yards. During online registration you will find a link to a conversion calculator from meters to yards, if needed. No Time (NT) entries (00:00.00 in online form) will be seeded as slowest times. Please avoid using NT times whenever possible, and please use realistic entry times (no sandbagging!)

SWIMMERS WHO ARE 18 YEARS OF AGE: Auburn University has a policy that all participants in events held on campus who are under the age of 19 must sign a waiver. All registered swimmers who are under 19 will receive electronically a copy of the waiver form to complete and sign before the meet and must have done so before swimming in the meet.

1650 FREE ON SATURDAY: We will offer a 1650 free event Saturday morning to the first 32 swimmers who register for this event. Positive check-in required in person at the registration desk by 10:00 a.m. Central Time Zone on the day of the event. We will seed the event at 10:15 a.m. If there are swimmers who have not checked in by that time, other swimmers on "stand by" will be given their place. Swimmers wishing to swim the 1650 are required to use the online system. The system will accept entries as long as the limit has not been reached. After the limit has been reached, the system will give you the option of being on a waiting list. The Meet Director will be in touch with 1650 swimmers who are on the wait list to keep them informed of their wait list status.

SEEDING: The 1650 free will be seeded fast to slow without regard to age or gender. All other events will be seeded slow to fast without regard to age or gender. Results will be tabulated by gender and age group as defined by USMS.

WARM-UP SCHEDULE: On Saturday, the warm-up for the 1650 will begin at 10 a.m., Central Time Zone. The first heat of 1650 will start at 10:45 a.m. We have two 8-lane pools, one for competition and one for continuous warm up/warm down. Warm-ups in the competition pool for the Saturday afternoon session will begin at 12:30 p.m., or as soon as the last 1650 swimmer has finished, with competition to follow at 1:15 p.m. The warmup/ warm down pool will be available continuously while the meet is in progress. Sunday morning warm-ups will start at 8:45 a.m. with competition at 9:30 a.m.

SCORING: First 8 finishes in each event, by age and gender, will be scored as follows: Individual events 9-7-6-5-4-3-2-1; Relay events 18-14-12-10-8-6-4-2.

RELAYS: Club Assistant allows teams to <u>organize relays online in advance</u> of the meet. Relay entries will open at 12:00 p.m. (noon) Central Standard Time on Wednesday, January 31st at the same online meet entry page where swimmers registered as individuals. <u>Each team should designate one individual ("relay captain") to organize relay entries</u>. All relay team members must be a member of the same team and be registered as a swimmer at this meet. The relay captain must also be a member of that team and registered to swim in this meet to the roster of your team's swimmers. Information required for relay entries includes event number, name of club, four names of swimmers. The relay captain for a team with more than one relay in an individual event will complete the entry for one relay and simply move on to the second. The system will automatically assign letters distinguishing between relays (e.g., Auburn-A, Mixed 18+ 200 free relay; Auburn-B, Mixed 18+ 200 free relay). The software will assign proper age group based on the following age categories: 18+, 25+, 35+, 45+, 55+, 65+, 75+, 85+, 95+, etc. <u>Online relay team entry will also be available at the registration desk both days of the meet.</u> <u>Deadline for Saturday relays is 2:30 p.m. Deadline for Sunday relays is noon.</u> No charge for relay entries.

INDIVIDUAL AWARDS: Individual ribbons will be awarded for 1st through 3rd place by age group and gender. High point awards will be given to top male and female swimmers in each age group based on points scored in individual events. A swimmer must swim in at least four individual events to qualify. Relay points will not count towards individual awards, but they will count for team awards.

TEAM AWARDS: Trophies will be awarded to the top three teams in each of three categories: large, medium, and small teams. The Meet Director will determine the break-off point between the three categories once entries have been received. The host team will not be a contender for team awards.

SWIM GEAR SALES: Reddiset (<u>www.reddiset.com</u>) will be on hand to offer suits, goggles, apparel, and sundry other items and toys for Masters swimmers.

EMERGENCY PHONE CONTACT: The phone number at the pool office is 334.844.4182. Campus security is 334.844.4158. These numbers are for emergency purposes only during competition.

DISABLED SWIMMERS: Disabled swimmers are welcome. Please let Conner Bailey, Meet Director, know what accommodations are necessary and also communicate these needs to the meet referee on the day of the meet.

LOCKER ROOMS: The locker rooms have been upgraded. This upgrade included locks on most lockers, which are rented out to Aquatics Center members (and not available for rent over a weekend meet). There are some small lockers that are not rented out. Bring your own locks if you want to use them, otherwise plan to bring all your gear out to the deck. Locker rooms and showers are handicap accessible. A gender-neutral bathroom is available off the pool deck.

DIRECTIONS TO POOL: Approaching Auburn via I-85 from either North or South, take Exit 51 (Hwy 29, also known as South College St.). Follow South College approximately 3 miles until you reach the Auburn University campus, on your left. Turn left on Samford Avenue and follow approximately 1 mile to Donahue. Turn right at Donahue and then left into the large parking lot next to the old Coliseum, a large oval structure. The pool is immediately to the west of the Coliseum. Campus map at: https://cws.auburn.edu/map. If you are coming to Auburn from the northwest via U.S. Hwy 280, turn right at Alabama Hwy 147 (which becomes North College St.). Follow for approximately 5 miles. Campus will be on your right immediately after downtown. Turn right at Samford Avenue, just as you are leaving campus. From there, follow directions above.

PARKING: The best parking is immediately to the east of the old Coliseum. Parking is free and open to the public on Saturday and Sunday. Short 2-minute walk to the pool.

DINING OPTIONS IN AUBURN: Most of the top restaurants in the area have online menus which you can peruse. Among the restaurants you might want to consider, listed in alphabetical order:

- Acre. 210 East Glenn Ave, Auburn. 334.246.3763. Emphasis on local sourced foods. <u>www.acreauburn.com</u>
- Ariccia. 241 South College St., Auburn (the hotel at the Auburn University Hotel & Conference Center. 334.844.5140. http://www.auhcc.com/dining/ariccia-auburn-restaurant/
- Pho Lee. 756 East Glenn Ave., Auburn. 334.209.2979. Vietnamese. Probably do not need reservation. https://www.facebook.com/pholeeauburn
- The Depot. 124 Mitcham Ave., Auburn. 334.521.5177. http://allaboardauburn.com/# =
- The Hound. 124 Tichenor Ave., Auburn. 334.246.3300. http://thehound-auburn.com/# =
- Lucy's. 2300 Moores Mill Road, Auburn. 334.521.0391 https://lucysauburn.com/

Trip Advisor ratings for restaurants in Auburn can be found at http://www.tripadvisor.com/Restaurants-g29006-Auburn Alabama.html. I have left off all our barbeque joints and the large run of burger and pizza joints, which as a college town there are many in Auburn.

HOTEL ACCOMMODATIONS:

There are many hotels in the Auburn/Opelika area. The Auburn/Opelika Tourism Bureau has made arrangements for special rates for Masters swimmers attending our meet. Please note that these special rates require advance bookings. Here is the list of hotels offering special rates: http://www.auburnmasterswimmers.org/Hotel2024.pdf

2024 AUBURN MASTERS SCY INVITATIONAL USE THIS FORM ONLY FOR DECK ENTRIES IF ACCEPTED BY THE MEET DIRECTOR

LAST NAME		FIRST NAME		
EMAIL				
POSTAL ADD	RESS			
POSTAL ADDRESS EVENING PHONE			PHONE ()	
BIRTHDATE			OF 2/3/2024	
USMS REGIS	TRATION NUMBER			
CLUB NAME CLUB ABBREVIATION			BREVIATION	

	MC	DRNING SESSION, SATURDAY FEBRU	JARY 3, 2024	
	Wa	rm-ups at 10:00 a.m., competition	at 10:45 a.m.	
WOMEN				MEN
Event No.	Entry Time		Entry Time	Event No.
1	ONLINE ONLY	1650 yard Free	ONLINE ONLY	1
		AFTERNOON SESSION, SATURDAY		
WOMEN	Wa	Warm-ups at 12:30 p.m., competition at 1:15 p.m.		MEN
2		100 yard IM		2
3		200 yard Fly		3
4		50 yard Free		4
5		100 yard Breast		5
6		100 yard Back		6
7		200 yard Free		7
8		50 yard Fly		8
9		400 yard IM		9
10	<u> </u>	200 yard Medley Relay (w		-
-	<u> </u>	200 yard Medley Relay (m	•	11
12	<u> </u>	200 yard Mixed Free Rela	y <u>/////////</u>	12
	M	ORNING SESSION, SUNDAY FEBRU	ARV / 202/	
		arm-ups at 8:45 a.m., competition	•	
13	VV	500 yard Free	at 3.30 a.m.	13
14		100 yard Fly		14
15		200 yard Breast		15
16		50 yard Bredst		16
17		100 yard Free		17
18		200 yard Back		18
19		50 yard Breast		19
20		200 yard IM		20
21	[[]]]]]	200 yard Free Relay (wom	en) <u>////////</u>	-
-	<u> </u>	200 yard Free Relay (men	The state of the s	22
23	//////////////////////////////////////	200 yard Mixed Medley R	· · · · · · · · · · · · · · · · · · ·	23

ALL DECK ENTRY SWIMMERS MUST HAVE A CURRENT (2024) USMS MEMBERSHIP AND SIGN THE USMS LIABILITY RELEASE. THE DECK ENTRY FEE IS \$90 (\$70 STANDARD REGISTRATION PLUS \$20 SURCHARGE).